







Welcome to this season's newsletter filled with fresh ideas and resources. Be sure to check out the new training protocols and the update to registration.

SAVE THE DATE: March 14, 2026
PRO Spring Conference
Childhood Unhurried: What's the Rush?

HEADS UP!

We value your opinion and want to know how PRO can serve YOU!







CHECK OUT OREGONPRO.ORG

Some fantastic features on our website:

Calendar

PRO members can now access a calendar that lists ALL the available trainings and Chapter Meeting - in person or virtual. You'll find it under the MEMBERSHIP tab, along with other resources.

PROvider Forum

Join our new private forum to share ideas and connect with other members. It's a great way to engage, and we'd love your feedback! Find it under the MEMBERSHIP tab. You can also find a help line here.

Tutorials

Check out our short, informative tutorials designed for those starting their childcare business. More tutorials are on the way! Look for them under the TRAINING tab.



PRO TRAINING UPDATE

Step-by-Step: How to Register for Monthly Statewide Virtual Trainings

1. Visit the Training Link at Oregonpro.org:

o Go to the provided training website or link for the monthly virtual training sessions.

2. Select Your Language:

- You will see two drop-down menus:
 - One for English monthly virtual trainings.
 - Another for Spanish monthly virtual trainings.
- Choose the appropriate menu based on if you are signing up for Spanish or English trainings. They are different sets of training.

3. Choose the Class:

- After selecting your language, a list of upcoming classes will be displayed.
- Browse through the list and click on the class you are interested in attending.

4. Register for the Class:

- You will need to register for each class separately.
- Fill out the registration form for the class you've selected.

5. Receive Confirmation:

- o After completing your registration, you will receive a confirmation email.
- The email will also provide the option to download a "ticket".

6. Download the Ticket:

• Download the ticket from the confirmation email. This ticket contains the link to join the training session.

7. Save the Ticket and Link:

• Keep the ticket and registration form handy as it has the important link for the training.

8. Reminders:

 You will receive reminder emails one week before the training session starts to ensure you don't forget.

By following these steps, you'll be able to easily find and register for the monthly virtual training sessions.



PRO TRAINING POLICY

As our membership continues to grow, so does our enrollment in our monthly Zoom trainings. Our last training had over 60 participants and each month this grows! We are **required** by OCCD training standards to meet the requirements when offering training. It is our responsibility to take attendance and be sure that everyone meets the minimum requirements for hours.

In order to maintain the integrity of our trainings, participants must follow training policy.

- 1. Please plan to check in 10-15 minutes before training begins. We will start promptly at 6PM. Those who arrive after 6:15 will not be eligible for a training certificate.
- 2. We are committed to providing quality trainings in a professional learning environment, therefore we ask you to have cameras on during the training as well as participate via chat box.
- 3. The name under your Zoom participant picture must match your full name as it appears in ORO. This will be the name used on your training certificate.
- 4. Attendance is verified by chat box participation and our Zoom attendance log that shows your log in and out time with the participant name you logged in as. Please let us know if more than one person is sharing your screen for the training in the chat box.

We understand that there maybe times where this is not possible so if you are not able to do this please let the trainer or the PRO board representative who will be attending the training know through the chat box.

Thank you for helping keep our monthly statewide trainings to a high level of professionalism.



Spring 2026 Conference

Save The Date!

Saturday, March 14, 2026

Childhood Unhurried: Growing with Purpose

Keynote:

Childhood. What's the Rush?' Developmentally Appropriate Practices in ECE

Two Pushy Dames







https://www.twopushydames.com/



MONTHLY STATE WIDE VIRTUAL TRAININGS

These English Language Sessions are FREE to our Members but open to non-members for a fee.

Not sure if you are a PRO member?

Check to see if you are on the list HERE: <u>PRO MEMBER LIST</u>

Questions or Concerns? Contact Dianne Rodiquez, Training Coordinator at
503-363-7692 diannerodriguezchildsway@gmail.com

OCTOBER 7

6-8 pm
Emotional Regulation:
Real Strategies for Kids
Set 1 CKC: UGB

Description: Analyze and compare emotional regulation tools to support self-regulation in kids and teens using evidence based interventions that can be adapted for diverse learners.

REGISTER FOR ZOOM LINK HERE:

NOVEMBER 4

6-9 pm
Social Studies for Infants and
Toddlers? Exploring Diversity,
Equity & Inclusion with our
Youngest Learners
Set 2 CKC: DIV LEC

Description: What does social studies look like in your infants and toddlers program? How we can create community, and belongingness, and build on diversity, equity, and inclusion with infants and toddlers. Gain a toolbox of activities and resources to bring back to your programs.

REGISTER FOR ZOOM LINK HERE:

DECEMBER 2

6-8 pm
Growth Mindset: A
Framework for Optimal
Child Development
Set 2 CKC: HGD

Description: Apply the latest brain science on mindset and motivation to help children master developmental milestones, develop thier gifts and abilitles, craeat a posirve mental mode, and build secure attachment.

REGISTER FOR ZOOM LINK HERE:



CAPACITACIÓN VIRTUAL POR ZOOM EN ESPAÑOL

Nuestros cursos de español se ofrecen habitualmente el tercer viernes de cada mes excepto julio y agosto.

Inscríbase a continuación para cada curso mensual que le interese.

Estas sesiones son GRATUITAS para nuestros miembros, pero están abiertas a quienes no son miembros por una tarifa.
¿No estás seguro de ser miembro PRO?

Comprueba si tu nombre está en nuestra lista aquí: LISTA DE MIEMBROS PRO

Si tiene alguna pregunta, puede contactar a Roxana Hoyle, nuestra facilitadora de español de Westside, en roxyspreschool@yahoo.com o llamarla al (503) 956-0527

OCTOBER 31

6-9 pm
An Easy Path to Middle
Childhood: Behavior
Management for ages 5-8
Set 2 CKC: UGB

Description: Learn the difference between logical and natural consequences. Learn how to prevent bad behavior and implement positive discipline strategies to create a safe and peaceful environment for emotional wellbeing of middle childhood.

REGISTER FOR ZOOM LINK HERE:

NOVEMBER 21

6-9 pm
Different Types of Disabilities
in the Preschool Age and How
to Include them in the
Classroom - PART 1
Set 2 CKC: SN

Description: This training will focus on the most common types of disabilities in preschool-age children (3-5). Including, ADD, Down Syndrome, and Autism. Learn how to include the children in the classroom and how to support the potential impacts on families who have a child with special needs. Finally, some fun activities to do with preschool children with disabilities.

REGISTER FOR ZOOM LINK HERE:

DECEMBER 19

6-9 pm
Different Types of
Disabilities in the Preschool
Age and How to Include
them in the Classroom PART 2
Set 2 CKC: SN

Description: See Training info for November 21.

MUST TAKE BOTH

SESSIONS

REGISTER FOR ZOOM
LINK HERE:

Highlights from Clackamas County 1st Annual Tour of Homes

On August 23, the Clackamas PRO Chapter hosted a tour of homes. 20 members had the opportunity to visit and ask question of three awesome programs in the area; Wild Pear, The Nest, and ChildSPACE. Michelle Lewis-Fantini facilitated 3 hours of Set 2 training. After the tour, participants enjoyed a nice lunch and shared observations of the tour.

It was a fund raiser for the chapter and a 2026 tour is being planned. It was a huge success! SW Metro Chapter is planning a Spring Tour of Homes. Stay tuned for more information!















CHAPTER MEMBERSHIP INFO

- Local chapters host a member meeting that includes PRO chapter business, social networking, and/or training. Trainings are I-2 hours and either Set One or Set Two Discussions and trainings are topics of interest to your Family Child Care business and/or childcare settings.
- All members of PRO are allowed admittance to all chapter monthly meetings/training. Although members are assigned to their nearest chapter, members may attend any chapter's meetings.
- As a PRO member, you can go to any training at these Chapters. See the PRO calendar online for upcoming meetings/training. Please contact the chapter facilitator when visiting other chapter meetings/training to assure space is available



CHAPTER MEETINGS

Click here to find Chapter Calendars:

Scroll to CURRENT PRO CHAPTERS

Click on the Chapter name and go directly to the meeting information for each chapter.

Any PRO member can attend ANY PRO meeting.





- Make new friends
- Recieve personal support
- Share your knowledge with peers

A New Memember said: "Chapter participation was what really helped me feel that being part of PRO was worthwhile because I was actually forming personal relationships that felt supportive and finally felt like I wasn't alone.





NEWS

What Chapter are you in? There is no hard and fast rule. You are in the chapter nearest to you. The one that feels the best to you!

North Portland

The North Portland Chapter is seeking new members.

Contact Betty Phillips for more info preciousteddiesdaycare@yahoo.com

East Portland

Our East Portland Chapter has found a Facilitator and will be starting up again! We will let you know when plans are finalized and the meetings will begin. Thank you to Jeanne Anderson for stepping up to make this happen!

Clackamas

Our chapter consists of new to seasoned providers. We have group of 10-15 that attend monthly, always room for more. The friendships created from those meetings is amazing.

It takes the isolation out of our day to day business lives and allows us to reach out with questions, concerns, or to share referrals.

Our monthly meetings are the 3 rd Monday, 6-8PM.

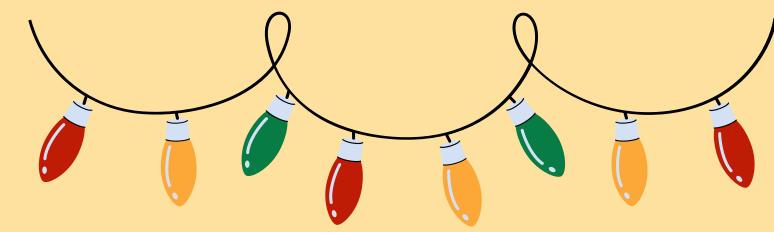
For questions or RSVP please contact: Cheryl Reece - Facilitator 503.349.9815

SW Metro

We meet virtually on the second Tuesday of the month for Round Table Discussions. Any PRO member is welcome to attend. Check the PRO Calendar for dates and times.

We'd love to see you!

Please contact Charleen Kepner at 503-329-6575 for more information.



Holiday Craft Event and Social

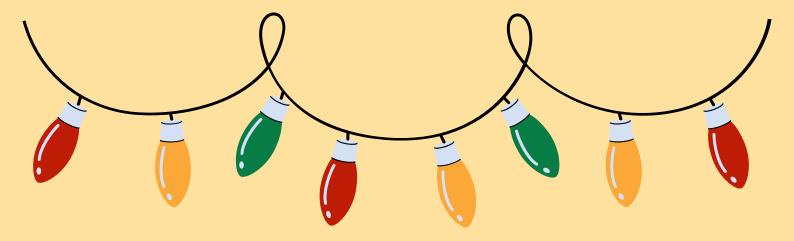
sponsored by Marion County PRO chapter

When: Friday December 5th 5:30PM - 9:00PM Open house style!

Crafts and holiday gift giving, food and all supplies provided! Sewing fun, crafting fun! Make-n-take home your handmade treasures! All levels of crafting and sewing levels are welcome!

RSVP Dianne Rodriguez 503 881-9267 text or Herlin Alvarez 503 999-6554

Where: Dianne's house 1057 Glacier CT SE Salem 97302



PRO IS LOOKING FOR YOU!

PRO is an all volunteer organization.

Without volunteer support these opportunities cannot happen.

PRO is currently looking for:

- *Communication Specialist (Creates flyers and uses social media to communicate with our members 2-3 times monthly)
- * Secretary (take notes during PRO monthly Zoom meetings) monthly 2 hourcommitment
- * Assistant to membership (I-2 hour monthly commitment)
- * Assistant to the training coordinator (2 hour monthly commitment)
- * Assisting with various items (talk with a board member for more information)

CONTACT <u>providerresource@gmail.com</u> for more information





BENEFITS OF MEMBERSHIP

Membership in PRO offers you access to invaluable resources and support tailored for childcare professionals:

- 1. Exclusive PROvider Forum: Connect with fellow members in our private forum to share ideas and insights, fostering a collaborative community.
- 2.Informative Tutorials: Benefit from our short, easy-to-follow tutorials that cover essential business basics for starting and managing your childcare business.
- 3. Comprehensive Resources: Access a wealth of resources, including:
 - Lists of useful organizations and websites
 - Essential childcare forms
 - Contract and handbook samples
 - Record-keeping templates
 - Hiring information

By joining us, you gain the tools and community support to thrive in your childcare career!

Stay Connected!

Thank you for being part of our community. We're excited about meeting you and look forward to supporting you on your childcare journey. If you have any questions or feedback, don't hesitate to reach out. Together, we can make a difference!

OREGONPRO.ORG