

Summary of RF Rule Revisions and Changes



What you need to know before July 2025

This is a summary of key changes to the registered family child care rules that will become effective on 7-1-2025. It is a tool to introduce the new rules but does not include all the changes.

Note: Support documents that will be available are shown in green and will be available to download from the DELC website at: <https://www.oregon.gov/delc/resources/pages/default.aspx> in Spring 2025. These support documents are not required but may help your child care program be in compliance with the new rule set.

Definitions (414-210-0100)

- Replaces references to "child proof lock" with "inaccessible to children." Provides multiple options for programs to safely store hazards/materials.
- New definitions have been added such as: child with specific needs, business day, physical restraint, premises, supervision, technical assistance and more.

Application Process (414-210-0130)

NO Key Updates

Exceptions to Rules (414-210-0160)

NO Key Updates

Policies (414-210-0200)

- Sub provider, volunteers and parents must receive copies of policies and be notified of any policy changes.
- Declaration of viewing is no longer required
- Written policies must include:
 - Name, business address, and business telephone number of the person(s) who has immediate responsibility for the daily operation of the home;
 - Parent responsibilities for providing current required information and what parents are expected to provide;
 - Emergency preparedness and response plan (also see OAR 414-210-0210, Emergency Preparedness and Response);
 - Information on transportation, when provided by the provider or other caregiver;
 - Behavior and guidance policy;
 - Prevention of and duty to report suspected child abuse and neglect; and
 - Night care, if provided.

Emergency Preparedness and Response (414-210-0210)

Family Child Care Written Evacuation Plan (PR-0190)

Family Child Care Emergency Drill Record (CCLD-0489)

- Must review the written plan and all emergency procedures at least once per licensing period and update the procedures as needed. Must review with caregivers once per licensing period and when updated.
- Facility must identify a hospital, clinic, etc. for emergency medical care.
- Designated safe areas and alternate shelters must be a minimum of 50 feet from the building being evacuated.
- New rule about weather conditions, temperatures and air quality
- A provider must have an emergency light source, such as a flashlight, in working condition, stored in an easily accessible location.

Children's Records (414-210-0220)

Child Enrollment Form (PR-0185)

Infant and Toddler Additional Enrollment Form (PR-0184)

School-age Child Enrollment Form (PR-0596)

- Children's records can be stored in paper or electronic formats.
- Child's dentist information has been removed from required enrollment information.
- Verification that parents received a copy of the provider's policies.

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Immunizations (414-210-0225)

- If a child is enrolled in a public or private elementary school, immunizations are not required to be documented by the child care facility.
- A child care home may provide care for children who are in foster care or experiencing homelessness while parents/guardians are taking necessary actions to comply with immunization requirements.

Parental Permissions (414-210-0230)

Parent Permission (PR-0607)

- A child care home must have the following current permissions from parent(s) when applicable:
 - Prior to a high-risk activity, such as: swimming or mountain biking
 - Prior to using photographs or recordings of a child publicly (e.g., social media, advertisements).
 - Prior to transporting a child, or going on field trips out of the neighborhood
 - For a person to pick up a child, for the provider to give medication or bathe a child and prior to a school-age child arriving or leaving on their own.
- If a family is experiencing homelessness, the child care home must make efforts to follow 414-210-0230 (1-5). If a child care home is unable to acquire written parental permissions, permissions may be received verbally, when documented by the registered family provider, or electronically, such as through a text message or e-mail.

Arrival and Departure (414-210-0235)

- A provider must require that any person bringing a child to the home remain with the child until the child is accepted by a caregiver.
- A provider may only release a child to a parent, or another person named and identified by the parent(s). A person picking up the child must show identification if not known to the caregiver.

Caregiver Records (414-210-0240)

Substitute Provider Items to Review (PR-0411)

- A registered family provider must maintain current personnel records for each substitute provider, in paper or electronic format, which include:
 - The CBR confirmation letter sent from CCLD to the provider. If the provider does not yet have a CBR confirmation letter for the caregiver, the provider must have written documentation the provider has verified with CCLD that the caregiver is enrolled in the CBR and linked to the home. Documentation must include the date, time, and name of the CCLD staff member the provider spoke with;
 - Current pediatric CPR and first aid training certification;
 - Current food handler certification, prior to serving or preparing food; and
 - Evidence of participation in an orientation.

Program Records (414-210-0250)

Weekly Attendance Log (PR-0734)

Daily Attendance Log (PR-0208)

- Daily attendance records must include: the child's full name; and times recorded as children arrive and depart so that the record shows the children in attendance at any given time.
- Documentation of any substitute provider caring for children, including their name, date providing care, and arrival and departure times.
- Written reports of injuries as identified in OAR 414-210-1020(1).
- Document administration of medication and possible side effects.
- Written records of suspected child abuse and neglect reports made to the Department of Human Services Child Welfare or law enforcement.

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Record Retention and Access (414-210-0255)

- A provider must make all records required by these rules available to CCLD at all times.
- A provider must have at least one caregiver on site who can access any records that are stored in paper or electronic formats.
- Electronic records, including but not limited to Children's Records and current day's attendance, must be portable for use during an emergency evacuation.
- Electronic records must be portable for use during an emergency evacuation. If using electronic records, the provider must have procedures in place to ensure prompt access, including an on-or off-site electronic back-up method to ensure access in the event of data loss.

Item Available for Review (414-210-0260)

Posted and Available Document List for RF (PTA-0529)

Notifications (414-210-0270)

Family Child Care Required Notifications (PTA-0932) (this document has numerous changes)

- Serious injuries and incidents must now be reported to CCLD by 5pm of the next business day.
- Expanded list of what must be reported to the child's parent(s) immediately and documented, including if the child sustains an injury that may need evaluation by a medical professional or any impact to a child's head

General Caregiver Requirements (414-210-0300)

- A provider and any caregiver must have the required training and experience for the position they are filling.

Central Background Registry Enrollment (414-210-0310)

- Allowances for other individuals living on the premises (such as in ADU units) and not requiring CBR enrollment when the individual does not have access to the child care space or children.

Duties and Qualifications of the Provider (414-210-0320)

Substitute Provider Items to Review (PR-0411)

NO Key Updates

Orientation and Initial Training (414-210-0370)

Orientation Checklist and Certificate (PR-0202)

- Defines what a substitute provider must have prior to unsupervised access to children.

Ongoing Training (414-210-0380)

NO Key Updates

Training Criteria (414-210-0385)

- All caregivers employed by a registered family provider must have an active account with ORO. Training must be approved by ORO.
- Pro-rated training is no longer applicable for a Re-open.
- Recognizing & Reporting Child Abuse and Neglect (RRCAN) can now be taken every 3 years, instead of every 5 years

Children in Care and Caregiver to Child Ratio (414-210-0400)

- No exception is needed for provider's own infant if in care under 6 weeks old.

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Supervision (414-210-0500)

- A provider must provide sufficient light in any room where children are napping or resting so that caregivers can clearly see each child's face from any point in the room.
- Background noise (e.g. music, sound machine, white noise machine) must not be so loud as to prevent a caregiver from being able to respond to the needs of the children.
- When the caregiver is in a separate room from children, doors shall be kept open wide enough so the caregiver can easily step into the room to do frequent audio and visual checks of the children.

Creating a Healthy Climate for Child Development (414-210-0510)

Bias Awareness and Culturally Responsive Child Care (PTA-0585)

- When communicating or interacting with children, a provider must maintain an environment for healthy, culturally responsive child development. Examples of this may include: Giving encouragement and positive feedback, modeling active listening and respectful communication, speaking to children at their eye level, giving kind greetings and goodbyes, validating feelings and ideas, using a calm and encouraging tone of voice, and being curious about the individuality of every child and family.
- A provider must encourage positive interactions between children. Examples of this may include: modeling social skills and empathy, helping children understand the feelings of others, providing support to children who find it difficult to make friends, and encouraging play between children of all abilities and backgrounds.
- When lifting or moving a child, caregivers must do so in a manner that provides safety and comfort for the child.

Daily Routine & Activities (414-210-0520)

Family Child Care Daily Routine (PR-0931)

- Screentime: 2 hours a day has changed to 10 hours a week for SA and 5 hours a week for PS and younger
- A registered family provider must ensure daily outdoor play for each child regardless of age, provided weather and environmental conditions do not pose a health or safety risk.
- A provider must follow a consistent daily routine that allows for flexibility to respond to the needs of the individual children and group of children.
- The daily routine must include:
 - Regular activities such as eating, napping, and toileting;
 - A balance of active and quiet activities;
 - Individual choice time and group activities; and
 - Daily indoor and outdoor activities.

General Requirements for the Care of Infants and Toddlers (414-210-0600)

- Infants and younger toddlers are given opportunities to interact and be near one another.
- A registered family provider must limit the use of equipment that restricts an infant's movement.
 - Restrictive infant equipment, including, but not limited to, bouncers, exersaucers, swings, infant seats, high and low chairs or structured infant carriers may be used for no more than 30 minutes in any 2-hour period.
 - Children who are actively engaged in eating, stroller walks, or car rides can exceed the time limit.

Feeding Infants and Toddlers (414-210-0610)

- Added specific requirements regarding the storage, preparation, and serving of human milk and/or formula as well as the introduction of solid foods.
- Juice, of any kind, may not be served to infants.
- Infant formula cannot be mixed with cereal, fruit juice, or other foods without a medical practitioner's written permission. Infants, under 6 months of age, may not be given water to drink without written approval by a medical professional.

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Furniture and Equipment for Infants and Toddlers (414-210-0620)

Rule Guidance: Cribs and Playpens in Family Child Care (PTA-0739)

- Providers must provide an individual crib, portable crib, or play yard for each infant. Each crib, portable crib, or play yard must: Comply with Consumer Product Safety Commission (CPSC) standards for use by infants and have documentation from the manufacturer or retailer stating that either the crib was manufactured after June 28, 2011, or the play yard was manufactured after February 28, 2013;
- Have a firm, flat, non-inclined sleep surface; Have a clean, firm, tight-fitting mattress. The mattress must: Be designed to fit the specific equipment used, with no gap between the mattress and sides of the product; Be covered in a durable, washable, waterproof, form-fitting material; Be firm enough that it maintains its shape and does not indent or conform to the shape of the infant's head; and Be covered in a tight-fitting sheet that remains tightly-fitted with normal use and does not have any slack or bunching.
- Bassinets are prohibited.
- Stacking, wall, or modular cribs are prohibited.
- Sheets must be changed when soiled, before use by another child, and at a minimum of once a week.
- To support traditional indigenous practices, cradleboards or other traditional indigenous sleep equipment may be used as a sleep surface for infants. Caregivers must be careful not to over-bundle or overheat an infant while using the equipment.
- A registered family provider must provide a variety and adequate supply of developmentally responsive materials that are stimulating to a child's senses and that are: Removed from the registered family provider as soon as a program becomes aware an item has been recalled by CPSC.
- Added infant equipment that cannot be used: baby walkers, doorway jumpers, accordion safety gates, bean bags, water beds, foam pads for sleeping, unstructured infant slings or wraps.

Safe Sleep (414-210-0630)

Updated safe sleep to clarify existing language and align with what the American Academy of Pediatrics (AAP) recommendations.

- While sleeping, infants must be monitored frequently to ensure they are breathing, not overheated, not in distress, and do not need assistance. Infants must be placed on their backs on a flat, firm, non-inclined surface for sleeping.
- Infants who can roll from back-to-front or back-to-side may remain in the sleep position they assume.
- Except for a plain pacifier, there must not be any items (e.g. no pacifier clips, bottles, toys, pillows, stuffed animals, blankets, bumpers) in or attached to the crib, portable crib or play yard.
- Infants must not have their heads or faces covered by items such as blankets or linens at any time. There must not be any items (e.g., blankets, tents, sheets) placed over the top or on the sides of a crib, portable crib or play yard. Items that may cause suffocation or strangulation such as headwear (e.g., hoods, hats, headbands), bibs, necklaces, and garments with ties or drawstrings must be removed from the infant and sleep equipment prior to laying an infant down to rest. Swaddling or other clothing or covering that restricts the infant's arm or leg movement is prohibited at all times, even if the child is not sleeping. Weighted blankets, weighted clothing, or other weighted objects must not be placed on or near the sleeping infant.
- If the caregiver is engaged in an activity with child care children and is carrying a sleeping infant in a structured infant carrier, the caregiver must move the infant to a safe sleep surface as soon as the activity is finished. A caregiver may hold a sleeping infant provided the caregiver can immediately observe, see, or feel any signs of distress. The caregiver must be awake, alert, and focused on the infant;

Diaper Changing and Toileting (414-210-0650)

- Diapers must be checked at a minimum of every 2 hours (unless sleeping), or more frequently to meet the individual child's needs and changed promptly.
- Clarifies diaper changing area requirements
- Allows for cloth or reusable diapers to be used with requirements for their storage and cleaning.
- A disinfecting solution must be kept in each diaper-changing area ready for immediate use and stored out of children's reach.

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Cleaning and Sanitizing Infant and Toddler Areas (414-210-0660)

Clarifies what surfaces must be sanitized versus disinfected.

Behavior and Guidance (414-210-0700)

Rule Guidance: Guidance and Discipline Policies (PTA-0438)

- Added/Enhanced requirements for behavior and guidance policy.
- A provider must appropriately intervene to stop the unfair treatment of a child based on the individual child's family, gender, race, ethnicity, economic status, ability, religion, or cultural background.

Prohibited Discipline and Actions (414-210-0710)

- Added and clarified prohibited discipline and actions: food and foreign objects in the mouth, exposure to extreme temperatures, humiliation, name calling, derogatory or sarcastic remarks, excessive physical exercise, requiring a child remain silent or inactive, or removal from all activities.

Physical Restraint (414-210-0720)

Rule Guidance: Physical Restraint (PTA-0662)

Physical Restraint Report form (PR-0608)

Physical Restraint Plan Template (PR-0663)

- Added definition of physical restraint, under what circumstances physical restraint may be used, and documentation and reporting requirements.

Home Structure and Safety (414-210-0810)

- Updated exit requirement for newly licensed facilities or address changes.
- Added requirements for the use of space heaters, blind cords and lofts (elevated platforms)

Water Supply and Plumbing (414-210-0820)

- If using a private well, additional testing must be completed prior to initial license and, at a minimum, every two years after initial testing.

Toilets, Hand Washing Sinks, and Bathing (414-210-0830)

NO Key Updates

Prevention and Management of Hazards (414-210-0840)

Rule Guidance: Hot Tub, Pool or Pond Barrier (PTA-0496)

- Hazards must be "inaccessible to children" and clarifies storage of sanitizing and disinfecting solutions as inaccessible to children. Rules give additional examples.
- Added additional toxins that a facility must prevent exposure: Lead-based paint, plumbing and fixtures with lead, asbestos, and toxic mold.
- Added requirements for preventing access to bodies of water, ponds, pools, and hot tubs.

Maintenance and Sanitation (414-210-0850)

- Added requirements for the clean-up of any spills of bodily fluids.
- Bedding must be cleaned at least weekly and before use by another child

Fire Protection (414-210-0860)

NO Key Updates

Furniture, Equipment and Play Materials (414-210-0900)

- Allows for use of tools that pose a safety risk (glue guns, irons, etc.) with preschool and school-age children when specific instruction and supervision are provided.

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Outdoor Play Area (414-210-0920)

- No trampolines other than rebounders are allowed for child care children
- No play equipment over 18 inches on pavement or other hard surfaces
- Encourage helmet use when a child is using a bicycle, tricycle, balance bike, scooter, skateboard, roller or in-line skates.

Handwashing (414-210-1000)

- For children who are not able to wash their own hands, a caregiver may wash children's hands with single-use cloth rather than under running water.

Illness (414-210-1010)

Sick Child Parent Handout (PTA-0166)

Allergy Care Plan (PR-0482)

- Added exclusion guidelines based on specific symptoms. Aligns with OHA and ODE exclusion guidelines
- CCLD must be notified by 5pm the next business day if an epi-pen is used

Injuries (414-210-1020)

Injury Report Form (PR-0209) or Injury and Incident Report Form (PR-0598)

Family Care Serious Injury or Incident Reporting (PTA-0485)

First Aid Kit Supply List (PR-0605)

- Written report of any serious injury or incident must be on file and include the signature of the parent indicating that they reviewed it or received a copy of it, within 48 hours of when the incident/injury occurred.
- Dislocated bone added to list of what is considered a serious injury.
- Added first aid kit requirements: sling or triangular bandage, tweezers, plastic bags, and cold pack.

Medications (414-210-1030)

Medication Authorization Form and Administration Log (PR-0187)

Non-prescription Medication Form (PR-0186)

- Allows for up to 12-month permission for chronic medical conditions and over-the-phone permission for single dose non-prescription medication.
- Medication is required to be stored under child safety lock.
- Emergency medication may be inaccessible to children or kept with a caregiver
- New: allows annual authorization from parent for nonmedical items (such as sunscreen) and providers do not have to document application of sunscreen or diaper cream.
- Removed: Prohibition of aerosol sunscreen (but must be applied according to instructions).
- Medication cannot be administered after expiration date

Care of Children with Specific Needs (414-210-1050)

Written Care Plan (PR-0491)

- When caring for a child who has or is at increased risk for a chronic physical, developmental, behavioral, or emotional condition and who requires health and related services of a type or amount beyond that required by children generally, a registered family provider must have a written care plan.
- If the individualized service required the child be out of direct supervision of caregivers, parental permission is required.

Food and Food Service Areas (414-210-1100)

- Children must not be in the kitchen or food preparation areas when food is being prepared unless a caregiver is present and children are protected from hazards such as hot foods, sharp utensils, etc. List of choking hazards that may not be served.
- Added parent opt-out for milk service, cannot be a program-wide policy and must be at the parent's request.
- The provider must serve beverages consisting only of water, milk or nutritionally equivalent milk substitute, and 100% fruit or vegetable juice.
- List of choking hazards that may not be served.

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Transportation and Field Trips (414-210-1200)

- Caregivers check a written list of children on the field trip frequently to account for the presence of all children and: prior to boarding and exiting the vehicle; and any time the group changes locations on site (e.g. when moving from one exhibit to the next)
- When 6 or more children are on a field trip, each child wears an easily identifiable item, such as a label, shirt or wristband, listing the name and telephone number of the child care provider; Caregivers are easily identifiable.
- New Transportation safety practices and specific information that must be maintained at the program and in the vehicle.
- A notice of field trips, including the date, destination, and estimated times of departure and return, is posted at least 48 hours in advance of a field trip in a prominent place where parents and others may view it.
- A registered family provider may allow a parent to transport children other than the parent's own children without a qualified caregiver member present in the vehicle, only if the parent meets substitute provider qualifications and transportation requirements as provided in these rules and is enrolled in the CBR.

Passenger Restraints and Vehicles (414-210-1230)

NO Key Updates

Swimming and Water Activities (414-210-1300)

- In natural bodies of water, such as shallow surf, lakes, rivers, and streams, activity is limited to wading; swimming is not permitted. Children under 36 months of age are prohibited from wading or swimming in natural bodies of water.
- New requirements for pools
- Updated caregiver-to-child ratios for swimming.

Animals (414-210-1400)

- New rule section in RF
- Must prevent any direct contact by children with any animals unfamiliar to the provider such as a stray.

Night Care (414-210-1500)

- New requirements for night care

Source: Oregon Administrative Rules, Oregon Department of Early Learning and Care, Chapter 414, Division 210 [Rules for Registered Family Child Care](#).

You are entitled to language assistance services and other accommodation at no cost. If you need help in your language or other accommodation, please contact the Child Care Licensing Division at 503-947-1400.